

hints & how-tos *Beauty*

Learn how to trim your own fringe, make a sugar scrub for silky smooth legs, brush-up on your bronzer technique and discover a lipstick that really lasts.

How to...

HOW TO TRIM YOUR OWN FRINGE

Ever tried to cut your own fringe and ended up lopsided or even worse – too short? We asked former Australian Hairdresser of the Year and general style-meister Brad Ngata, of Brad Ngata Hair Direction, how to trim a blunt-style fringe at home.

- 1 Always start with dry hair because wet hair will shrink as it dries and make your fringe much shorter than you intended.
- 2 Decide how much hair you want to

include in your fringe, or how wide you want your fringe to be, and pin the rest out of the way.

3 Use small, sharp scissors and begin cutting from the middle of your fringe using the bridge of your nose as your starting point. Don't use straight cuts; turn the scissors on an angle as if you are cutting tiny triangles of hair – this will disguise any inaccuracies.

4 Do not pull hair away from your face as you are cutting or it will end up uneven.



Trim your own fringe at home.

BEAUTY shortcuts

With so many new bronzing powders arriving on shelves now, it's a good time to share this simple and time-saving make-up trick. After you've applied bronzer to your cheeks for a sun-kissed summery look, sweep a little over your eyelids. Bronzy terracotta shades help to intensify the colour of your eyes and cover any discolouration on upper eyelids – no other eye shadow required. Too easy. Try Prestige Sun Flower Illuminating Bronzing Powder, \$32.95.

Skin science

Most of us have at least a vague fascination with what goes on in cosmetic clinics. David Segal provides great basic information on what's available and how to care for your complexion in *Skin: The Essential Australian Guide*, (Fairfax Books, \$34.99).

Clever gadgets

Garnier has introduced new products in roll-on form: Pure Active Pimple Relief Cooling Roll-On, \$12.55, a transparent spot treatment; and Garnier Nutritionist Caffeine Eye Roll-On, \$17.75, to treat dark circles.



HOME REMEDY

Get super-smooth legs with this simple scrub. Combine 1 cup sugar, ½ cup sweet almond oil and 15 drops of essential oil. Citrus oils, such as lemon, mandarin and orange, make a reviving treat. Massage over skin, then rinse in the shower.



BACK TO BASICS

Natural haircare products are sweeping Australian salons, promising high-quality results from botanical ingredients and omitting the usual silicones, minerals and parabens found in most hair products. The Essensity range by Schwarzkopf offers lines for different hair types, while L'Oréal group has released Pureology, a vegan range for colour-treated hair.



Get it now

SOFT AND LONG-LASTING

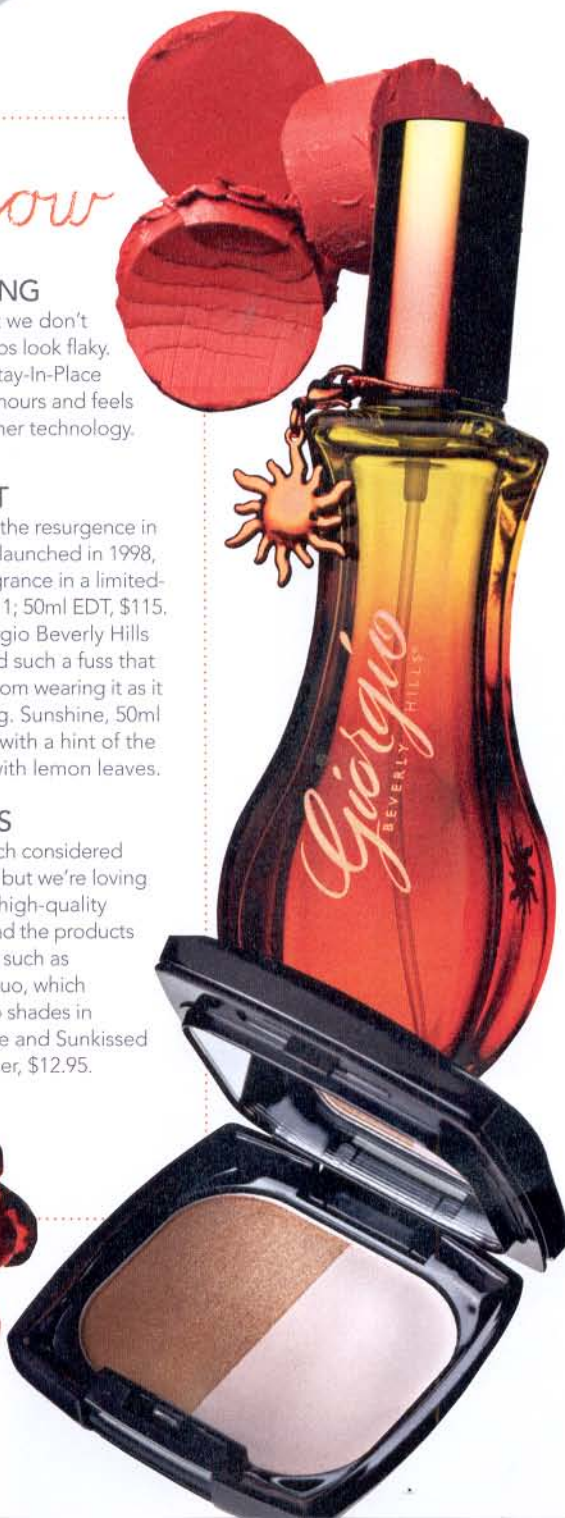
We all want a lipstick that lasts but we don't want a drying formula that makes lips look flaky. Estée Lauder's new Double Wear Stay-In-Place Lipstick, \$45, fits the bill. It lasts for hours and feels beautifully soft thanks to new polymer technology.

BLASTS FROM THE PAST

Dior Parfums has been so taken by the resurgence in popularity of Hypnotic Poison, first launched in 1998, that the brand has reissued the fragrance in a limited-edition bottle available September 1; 50ml EDT, \$115. When the original Giorgio by Giorgio Beverly Hills launched in the early '80s it created such a fuss that many workplaces banned women from wearing it as it was so strong and sneeze-inducing. Sunshine, 50ml EDT, \$59, is a much softer version with a hint of the original sweetness freshened up with lemon leaves.

REDISCOVER AUSTRALIS

It may be make-up you haven't much considered since high school but we're loving Australis' new high-quality packaging and the products themselves, such as this cheek duo, which includes two shades in Rosy Bronze and Sunkissed Glimmer, \$12.95.



OLIVELLA®

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For thousands of years, Romans have used olive oil to maintain healthy, youthful looking skin. In Australia we have the chance to experience the benefits of this natural resource thanks to Olivella.

The Olivella skin care range uses high concentration of essential fatty acids, vitamins and natural antioxidants in olive oil to protect the skin from environmental damage, dryness and signs of ageing.

Made from 100% Italian virgin olive oil, the natural yet innovative skincare range has been developed to hydrate, replenish and rejuvenate the skin with Vitamins A, E, antioxidants and polyphenols.

Free from animal fats, dyes, man-made chemicals and colour additives, the completely natural Olivella skin care range is hypoallergenic and suitable for all skin types.

Overall, using Olive Oil skin care products is a great way to improve the all round condition of the skin... naturally.

The premium range includes Hand Cream, Body Cream, Body Lotion, Moisturizer Serum, Bar Soaps, Men's and Ladies Italian Fragrances and More.

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